

MBIR™ Online Session Consent Template

Professional Practice Resource

Purpose of This Agreement

This document is designed to support safe, ethical, trauma-informed, and responsible MBIR™ online practice. It outlines important information relating to online sessions, confidentiality, practitioner responsibilities, client responsibilities, and digital communication.

Nature of Online Sessions

- Online sessions are delivered using digital communication platforms.
- Technology limitations, interruptions, or connection issues may occasionally occur.
- Online work may feel different from in-person work and may affect concentration, emotional processing, or nervous-system regulation.

Confidentiality & Privacy

- Reasonable steps will be taken to maintain confidentiality and privacy.
- Absolute confidentiality cannot be guaranteed when using internet-based technologies.
- Clients are encouraged to use a private and safe environment during sessions.

Recording & Media Use

- Sessions will not be recorded without informed consent.
- If recordings are used for educational, mentoring, supervision, training, or promotional purposes, separate written consent should be obtained.
- Clients may decline recording requests without affecting access to services.

Client Responsibilities

- Clients are responsible for attending sessions in a private and appropriate environment where possible.
- Clients are encouraged to minimise distractions during sessions.
- Clients remain responsible for their own wellbeing between sessions.

Practitioner Responsibilities

- Practitioners maintain professional and ethical standards within online practice.
- Practitioners remain aware of nervous-system regulation, pacing, and client safety.

- Practitioners maintain appropriate professional boundaries within digital communication.

Emergency & Crisis Limitations

- Online MBIR™ sessions are not intended as emergency or crisis services.
- Clients experiencing medical emergencies or significant risk should contact appropriate emergency services or local support resources.

Data Protection & Technology Awareness

- Digital communication platforms and technologies involve potential privacy and security limitations.
- Practitioners and clients acknowledge that data protection laws vary internationally.
- Practitioners remain responsible for complying with relevant professional and legal requirements within their own region.

Consent Statement

I acknowledge that I have read and understood the information above. I understand the nature and limitations of online sessions and consent to participate in MBIR™ online practice.

Client Name: _____

Client Signature: _____

Date: _____