

MBIR™ Certification Requirements Checklist

Professional framework checklist supporting competency-based practitioner development and ethical MBIR™ practice.

This checklist outlines the general certification pathway expectations supporting the development of MBIR™ practitioners. The framework is intended to support competency-based progression, ethical responsibility, reflective learning, and safe nervous-system-informed practice rather than attendance alone.

Foundational Training Requirements

- Completion of required MBIR™ training pathway components
- Participation in live training experiences where applicable
- Demonstration of understanding of core MBIR™ principles
- Introduction to nervous-system-informed and trauma-aware concepts

Practice Development Requirements

- Completion of practice sessions where applicable
- Development of practitioner confidence and regulation awareness
- Application of present-state and non-analytical methodology principles
- Development of safe pacing and facilitation awareness

Reflective Learning Requirements

- Engagement in reflective professional development
- Participation in mentoring, peer discussion, or supervision where appropriate
- Demonstration of ongoing self-awareness and practitioner reflection
- Willingness to continue professional learning and integration

Professional & Ethical Expectations

- Agreement to work within appropriate scope of practice
- Commitment to trauma-informed and nervous-system-aware principles
- Recognition of practitioner limitations and referral awareness
- Commitment to ethical and professional conduct
- Respectful representation of the MBIR™ methodology

Competency-Based Progression

- Recognition that progression is intended to support competency development rather than attendance alone
- Practical application of methodology principles
- Development of practitioner coherence and safe facilitation
- Ongoing commitment to professional growth and reflective learning

Important Notes

This checklist is intended as a general professional framework guide and may evolve as the MBIR™ methodology continues to develop internationally. Certification pathways may vary depending on training level, practitioner experience, mentoring participation, competency demonstration, and future framework development.