

MBIR™ Certification Pathways Overview

A structured professional development framework supporting safe, ethical, trauma-informed, and nervous-system-oriented MBIR™ practice.

MBIR™ is being developed as a standards-based professional methodology supported by structured practitioner development pathways. The certification framework is intended to encourage safe facilitation, ethical responsibility, nervous-system-informed practice, reflective learning, and long-term professional integrity.

Purpose of the Framework

The MBIR™ certification pathway framework has been designed to support progressive professional growth from foundational learning through advanced practitioner development, mentoring, and training. The framework is intended to promote competency development rather than attendance alone and to encourage thoughtful, ethical, and trauma-informed application of the methodology.

Core Principles

The MBIR™ professional framework is being developed around several central principles:

- trauma-informed facilitation
- nervous-system safety
- present-state awareness
- ethical practice
- reflective professional development
- competency-based progression
- responsible methodology stewardship
- ongoing learning and integration

The Five-Level Pathway

The MBIR™ pathway structure supports progressive learning and development across five professional levels.

Level	Overview
Level 1 — MBIR™ Foundations	Introduction to the core principles, regulation-based framework, and nervous-system
Level 2 — MBIR™ Practitioner	Professional practitioner-level training focused on safe application of MBIR™ princi
Level 3 — Advanced MBIR™ Practitioner	Advanced development pathway supporting deeper integration skills, complex pres
Level 4 — MBIR™ Mentor	Professional development pathway focused on practitioner support, reflective learni
Level 5 — Certified MBIR™ Trainer	Trainer pathway supporting responsible teaching, methodology integrity, standards

Certification Philosophy

MBIR™ certification pathways are intended to support practical competency, ethical responsibility, reflective practice, and nervous-system-safe facilitation. The framework is being developed to encourage meaningful practitioner growth grounded in safety, integrity, and professional responsibility.

Continuing Professional Development

MBIR™ recognises professional development as an ongoing process rather than a fixed endpoint. Practitioners are encouraged to engage in continued learning, reflective practice, mentoring, peer support, and ongoing professional refinement.

Stewardship of the MBIR™ Methodology

MBIR™ is being developed with the intention of supporting safe, ethical, and coherent international growth. As the methodology evolves, ongoing attention is being given to competency standards, ethical principles, trainer guidance, methodology consistency, and responsible professional representation.

International Development

The long-term vision for MBIR™ includes the development of an internationally recognised professional framework supporting safe and responsible application of the methodology across training, mentoring, and practitioner development pathways.

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